

2 Roots

Key words: what builds and nourishes us, where we come from, our base.

As our roots dive into the depth of the ground we are standing on, we can feel the magic happening. A stream of healthy, cleaning, nourishing nutriment comes up to invade each cell of our being.

The Groves gives us the opportunity to grow, expand and stand strong and healthy within ourselves. We can choose to tap into it as much as we wish to, as each spark is something that will aggregate to what we already are, just to sublimate it, to let it shine too.

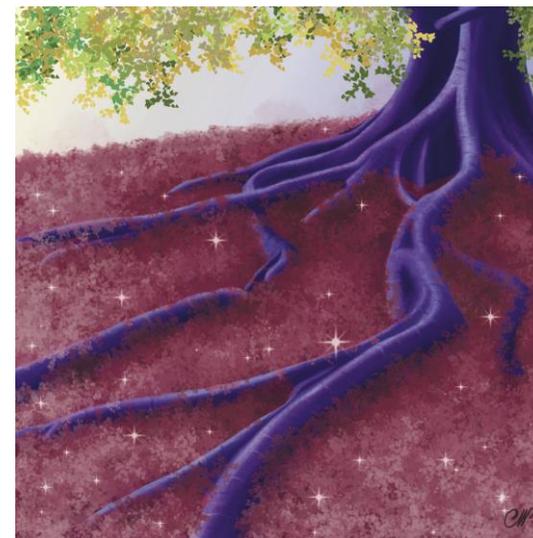
When we feel lost or weak, we just need to let our roots dive deep into the collective energy of the Grove, of our inner realm. We will find there the benefit of standing still, letting it purify and energize us. We can let our roots go deep, for as long as we need to feel rejuvenated, cleansed from within.

It's a time to get the process going, as we meditate, as we anchor ourselves in the collective. Let ourselves belong to it, for as long as we need.

We know where to find what we need to feel at peace, to get our energy back, to nourish our soul, to bathe in harmony. Let's allow our roots to dive into that serenity stream and enjoy the feeling of being connected to the collective, to those who walked into the grove before us, to those who are walking into it with us. Our roots know where to find what they need to bring us.

And once the process is done, we can go back to ourselves, with the confidence we needed to go on our journey.

Healthy roots are key to a healthy growth.



Our roots allow us to have a healthy growth. We can have them tap into nourishing ground, where we can find everything we need to go higher, or we can let them dive into things that prevent us from rising and standing tall.

We choose where we let them anchor us. But even an unhealthy environment will bring us what we need to grow, as long as we can filtrate the nutriment we need, by practicing our alchemy. It asks us for a lot more of energy, but we have the ability to do so, till we find a healthier ground, a ground that will provide us with all we need to rise and shine as we are supposed to. We are not the environment we grow into. We are part of it, and it only depends on us to belong to it, or to move to a more nourishing one.

The time has now come to check our roots, to make sure that they can bring us what we need to be healthy, at peace, to grow, and to stand strong in our own grove. The time has come to tap into the collective, to let it bring us the energy we need for our journey, and to do it freely.

If we don't feel we get all we need, it's maybe time for us to move, to find a better ground to anchor ourselves, to belong. Let's take care of our roots as much as they take care of our well being.