

# 31 Lantern

**Key words:** to shine, confidence

As we walk on our path, we see this soft light nearby, glowing from a glade. We choose then to leave the main path to go and see where this light is coming from.

We find a small lantern, on the ground. Its warm light contrast with the dark teal of her metal. It's glowing, bringing something to this rather dark place. We sit by it for a while, hypnotized by the small flame it holds.

This tiny flame is bringing light in the darkness, protected by her metallic frame. It brings comfort and safety to the unknown. We are lanterns. We may feel small or unnoticed, but our light brings something to those nearby. We shine brighter in the darkness, because we are confident enough to keep glowing. Thanks to us, the unknown is a bit less scary, we even make it more welcoming.

We can do so because we feel confident enough to be ourselves, to let our light be. We are just here for those who need it, when they need it. We offer it without asking them anything in exchange. We are just being who we are. We offer warmth and light to those willing to sit with us.

We shine by ourselves, without expecting anything. We are at peace, in the darkness or the unknown. We trust that there is so much to discover, and that we will bring light to what needs to be unveiled, enlightened. Till then, we stay here, shining our little light, enjoying the safety place we created for ourselves, always ready to share it, always ready to be taken to a new adventure. Whatever happens, we are glowing, in safety. And everything is peaceful.

We spend a bit more time with the lantern, thanking it for reminding us we are all sparks in the unknown. And we resume our journey.



You need to let your light glow.

Now is the time to welcome the travelers and offer them the warmth and light they need. You do it from a safe place.

Let your little spark unveil a bit of the unknown to those who seek, those who are still scared, those who are lost.

You can be a stepping stone on their path, or just a moment of rest.

You can decide to go and explore with them, enlightening the path as you go further into the unknown.

Understand that whatever you do, wherever you go, you are this light. It's your nature, it's your power.

So glow, because you deserve it.