

33 Moon

Key words: cycles, alignment

She is glowing softly in the night, watching over our dreams. She inspires us as we tell us our journey so far.

The Moon is a master of cycles. Waxing then waning, from New Moon to Full Moon, and all over again, and again. She is the witness of our dreams, desires and intentions. She watches over our nights, a silent witness of our own growth.

Every living being experiment the same cycle, the Life cycle. We consider the huge oak tree standing nearby. He once was an acorn, planted in the darkness of the ground, waiting for it time to grow. Then it grew roots, deep in the soil, to allow it to sprout, in the light. It was at first really vulnerable, it needed care, light and water to be able to grow. It was lucky and the young frail plant took its time to be this massive decades old majestic tree, giving acorns to feed the animals around it, knowing that some of them will be able to reach the womb of earth, will be protected by the nurturing soil to grow too, when they are ready to do so. Then this tree will go into decay, to nourish the soil at its turn, and to give Life another chance to show the strength of its cycle. Our own cycle is not that different.

There is no judgment, no competition. We all participate in our own way to the cycle of Life, under the watch of the Moon.

Whatever we do, she will look after us, going her own cycle in silence, protecting us with her light, and waiting for us to confide in her our deepest secrets, our deepest desires, conspiring with her to manifest our intentions.

As we lay on the ground, looking at her, we smile. She is the companion of our lifetime. And she will always be.



You need to take awareness of the cycles in your life.

You can choose to go with the flow and embrace them, working through them to align yourself with Life, or you can choose to fight against them, and find yourself in dissonance.

It's time for you to focus on a project, a relationship, a skill, something you really desire. And go through the cycle of planting its seed, being patient until you can actually see it sprout, then take care of it, give it all your attention. Help it grow until it blooms, enjoying its fruits.

If you are at the end of something, remind yourself that it is, too, part of the cycle of life. You need to accept to go through this dark moon phase before entering a new cycle. And a new cycle will come, when you are ready to go through it. Maybe different, but exactly the way you need it to be.

Because you deserve it.